



Nurse Practitioner

# YU, WAN-RU 游婉茹

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A urological nurse practitioner born in the urology ward and great at intensive critical care and urology care with a highly expertise sensitive and gentle heart. Devoted to helping every patient not only physically but also psychologically and socially well-being.



## Education

- **Tzu Chi University**
- **Master of Science of Nursing**
- 2016-2018



## Work experience

- **Nurse Practitioner -- Hualien Tzu Chi Hospital, 2016-present**
- **Assistant Professor –Tzu Chi University of Science and Technology, 2019-present**
- **Registered Nurse -- Hualien Tzu Chi Hospital, 2006-2016**



## Specialty

- Nursing care
- Interstitial cystitis
- Urology



## Certificate

- Taiwan Association of Critical Care Nurses certificate
- Joanna Briggs Institute-Comprehensive Systematic Review Training Programme--reviewer



## Presentation

1. Yu, Wan-Ru (2013), A systematic review on pregnancy nutrition supplements taking—2nd NUS-NUH international Nursing Conference & 18th Singapore-Malaysia Nursing Conference. Singapore, Discussion poster.
2. Yu, Wan-Ru (2018), Anxiety score dose not influence treatment outcome in patients with Interstitial Cystitis/Bladder Pain Syndrome—2018 INTERNATIONAL CONTINENCE SOCIETY, Philadelphia, Podium short oral presentation.
3. Yu, Wan-Ru (2019), The baseline voiding and storage dysfunctions does not affect long-term treatment outcome in patients with interstitial cystitis/ bladder pain syndrome—2019 INTERNATIONAL CONTINENCE SOCIETY, Gothenburg, Open Discussion E-poster.
4. Yu, Wan-Ru (2022), The real-life practice of intravesical botulinum toxin A injection for interstitial cystitis/bladder pain syndrome – Satisfaction rate and predictive factors—2023 European Association of Urology, Milan, Abstract presentation



## Publish

1. Yu WR, Peng TC, Yeh HL, Kuo HC. Anxiety severity does not influence treatment outcomes in patients with interstitial cystitis/bladder pain syndrome. *Neurourol Urodyn*. 2019 Aug;38(6):1602-1610. doi: 10.1002/nau.24019. Epub 2019 May 6.

2. Yu WR, Jhang JF, Ho HC, Jiang YH, Lee CL, Hsu YH, Kuo HC. Cystoscopic hydrodistention characteristics provide clinical and long-term prognostic features of interstitial cystitis after treatment. *Sci Rep*. 2021 Jan 11;11(1):455. doi: 10.1038/s41598-020-80252-x.
3. Yu WR, Chang WC, Kuo HC. Voiding dysfunctions in patients with non-Hunner's ulcer interstitial cystitis/bladder pain syndrome do not affect long-term treatment outcome. *Int J Clin Pract*. 2021 Sep;75(9):e14372. doi: 10.1111/ijcp.14372. Epub 2021 May 29.
4. Yu WR, Jiang YH, Jhang JF, Kuo HC. Use of Urinary Cytokine and Chemokine Levels for Identifying Bladder Conditions and Predicting Treatment Outcomes in Patients with Interstitial Cystitis/Bladder Pain Syndrome. *Biomedicines*. 2022 May 17;10(5):1149. doi: 10.3390/biomedicines10051149. PMID: 35625885;
5. Yu WR, Kuo HC. Usefulness of videourodynamic study in the decision-making of surgical intervention and bladder management for neurogenic lower urinary tract dysfunction among patients with myelomeningocele. *Int Urol Nephrol*. 2022 Aug;54(8):1815-1824. doi: 10.1007/s11255-022-03236-y. Epub 2022 May 24.
6. Yu WR, Chang WC, Kuo HC. Clinical presentation, videourodynamic characteristics, and treatment outcome in men with interstitial cystitis-like lower urinary tract symptoms. *Int Urol Nephrol*. 2022 Sep;54(9):2157-2165. doi: 10.1007/s11255-022-03294-2. Epub 2022 Jul 8.
7. Yu WR, Jhang JF, Chen BY, Ou SR, Li HM, Kuo HC. Multimodal Treatment with Cognitive Behavioral Therapeutic Intervention Plus Bladder Treatment Is More Effective than Monotherapy for Patients with Interstitial Cystitis/Bladder Pain Syndrome-A Randomized Clinical Trial. *J Clin Med*. 2022 Oct 21;11(20):6221. doi: 10.3390/jcm11206221.
8. Yu WR, Chuang FC, Chang WC, Kuo HC. Pelvic Floor Myofascial Pain Might Influence Treatment Outcome of Interstitial Cystitis/Bladder Pain Syndrome: A Prospective Study. *Pain Physician*. 2022 Nov;25(8):E1315-E1322.
9. Yu WR, Jiang YH, Jhang JF, Chang WC, Kuo HC. Treatment Outcomes of Intravesical Botulinum Toxin A Injections on Patients with Interstitial Cystitis/Bladder Pain Syndrome. *Toxins (Basel)*. 2022 Dec 11;14(12):871. doi: 10.3390/toxins14120871.
10. Yu WR, Jiang YH, Jhang JF, Kuo HC. Use of Urinary Biomarkers in Discriminating Interstitial Cystitis/Bladder Pain Syndrome from Male Lower Urinary Tract Dysfunctions. *Int J Mol Sci*. 2023 Jul 27;24(15):12055. doi: 10.3390/ijms241512055.



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